



ST. PAUL'S EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
cathedralchurchofstpaul.org

The Second Sunday of Advent Choral Eucharist

Sunday, December 6, 2020 **Ten o'clock in the morning**

Organ Voluntary *Of The Father's Love Begotten* Wilbur Held

Hymn 56 *O come, O come, Emmanuel* VENI, VENI, EMMANUEL

St. 3 *O come, O come, thou Lord of might, who to thy tribes on Sinai's height
In ancient times didst give the law, in cloud, in majesty, and awe.
Rejoice! Rejoice! Emmanuel shall come to thee O Israel!*

St. 4 *O come, thou branch of Jesse's tree, free them from Satan's tyranny
That trust thy mighty power to save, and give them victory o'er the grave.
Rejoice! Rejoice! Emmanuel shall come to thee O Israel!*

The Greeting

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

Amen.

The Kyrie *(in the front section of the Hymnal)* S95

Cantor or Choir *All* *Cantor or Choir*

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

All *Cantor or Choir* *All*

Christ, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Merciful God, who sent your messengers the prophets to preach repentance and prepare the way for our salvation: Give us grace to heed their warnings and forsake our sins, that we may greet with joy the coming of Jesus Christ our Redeemer; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

A Reading from the Book of Isaiah

[40: 1 – 11]

“Comfort, O comfort my people,” says your God. “Speak tenderly to Jerusalem, and cry to her that she has served her term, that her penalty is paid, that she has received from the LORD’s hand double for all her sins.” A voice cries out: “In the wilderness prepare the way of the Lord, make straight in the desert a highway for our God. Every valley shall be lifted up, and every mountain and hill be made low; the uneven ground shall become level, and the rough places a plain. Then the glory of the LORD shall be revealed, and all people shall see it together, for the mouth of the LORD has spoken.” A voice says, “Cry out!” and I said, “What shall I cry?” All people are grass, their constancy is like the flower of the field. The grass withers, the flower fades, when the breath of the LORD blows upon it; surely the people are grass. The grass withers, the flower fades; but the word of our God will stand for ever. Get you up to a high mountain, O Zion, herald of good tidings; lift up your voice with strength, O Jerusalem, herald of good tidings, lift it up, do not fear; say to the cities of Judah, “Here is your God!” See the Lord GOD comes with might, and his arm rules for him; his reward is with him, and his recompense before him. He will feed his flock like a shepherd; he will gather the lambs in his arms, and carry them in his bosom, and gently lead the mother sheep.

Leader The Word of the Lord.

People **Thanks be to God.**

Psalm 85: 1 – 2, 8 – 13

Benedixisti, Domine

Sung by the Choir

- 1 You have been gracious to your land, O Lord, *
you have restored the good fortune of Jacob.
- 2 You have forgiven the iniquity of your people *
and blotted out all their sins.
- 8 I will listen to what the LORD God is saying, *
for he is speaking peace to his faithful people
and to those who turn their hearts to him.
- 9 Truly, his salvation is very near to those who fear him, *
that his glory may dwell in our land.

- 10 Mercy and truth have met together;*
righteousness and peace have kissed each other.
- 11 Truth shall spring up from the earth,*
and righteousness shall look down from heaven.
- 12 The LORD will indeed grant prosperity,*
and our land will yield its increase.
- 13 Righteousness shall go before him,*
and peace shall be a pathway for his feet.

A Reading from the Second Letter of Peter

[3: 8 – 15a]

Do not ignore this one fact, beloved, that with the Lord one day is like a thousand years, and a thousand years are like one day. The Lord is not slow about his promise, as some think of slowness, but is patient with you, not wanting any to perish, but all to come to repentance. But the day of the Lord will come like a thief, and then the heavens will pass away with a loud noise, and the elements will be dissolved with fire, and the earth and everything that is done on it will be disclosed. Since all these things are to be dissolved in this way, what sort of people ought you to be in leading lives of holiness and godliness, waiting for and hastening the coming of the day of God, because of which the heavens will be set ablaze and dissolved, and the elements will melt with fire? But, in accordance with his promise, we wait for new heavens and a new earth, where righteousness is at home. Therefore, beloved, while you are waiting for these things, strive to be found by him at peace, without spot or blemish; and regard the patience of our Lord as salvation.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 75

There's a voice in the wilderness crying

ASCENSION

- St. 1 There's a voice in the wilderness crying, a call from the ways untrod:
Prepare in the desert a highway, a highway for our God!
The valleys shall be exalted, the lofty hills brought low;
Make straight all the crooked places,
Where the Lord our God may go!
- St. 2 O Zion, that bringest good tidings, get thee up to the heights and sing!
Proclaim to a desolate people the coming of their king.
Like the flowers of the field they perish, like grass our works decay
The power and pomp of nations shall pass like a dream away.
- St. 3 But the word of our God endureth, the arm of the Lord is strong;
He stands in the midst of nations, and He will right the wrong.
He shall feed His flock like a shepherd, the lambs he'll gently hold
To pastures of peace he'll lead them, and bring them safe to his fold.

The Holy Gospel

[Mark 1: 1 – 8]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

The beginning of the good news of Jesus Christ, the Son of God. As it is written in the prophet Isaiah, "See, I am sending my messenger ahead of you, who will prepare your way; the voice of one crying out in the wilderness: 'Prepare the way of the Lord, make his paths straight,'" John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, "The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with water; but he will baptize you with the Holy Spirit."

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE HOMILY

The Rev. Nicola Bowler

THE NICENE CREED, *standing*

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Celebrant: Please stand or kneel for prayer.

Deacon: Let us lift up our voices to God in strength, saying, "Be patient with us and prepare us, Lord.

Intercessor: Together as your Church, we long to see your face. Speak to us, Lord, as we walk through the wilderness listening for the sound of your voice. Give our leaders patience, wisdom, and a heart for your will: We pray for Michael, our Presiding Bishop; Alan, our bishop; for Fr. Troy, Amma Nicola, Fr. Zeb., Deacon John, Mark, John, and Jovan; for all lay and ordained ministers, and Jean, preparing for ordination. In our companion Diocese of Brechin we pray for the clergy and people of University Chaplaincies; in our companion Diocese of Nzara we pray for the clergy and people of Nambazia Parish; in our companion Diocese of Swaziland we pray for the clergy and people of Sigangeni Parish; in our own Diocese we pray for the clergy and people of Christ, Clinton; Trinity, Ottumwa; All Saints, Indianola; in our parish prayer cycle we pray for William, Bea, Harold, Jim, Dee, Debbie, Stephanie, Jo, John, Sue, David, Chuck, Tracy, Buck, Anne; for Kirsten, preparing for confirmation, and Catherine and Brad, preparing for marriage; and in the Anglican Cycle of Prayer we pray for the clergy and people of the Reformed Episcopal Church of Spain. In your mercy,

People: **be patient with us and prepare us, Lord.**

Intercessor: We pray for all who govern, especially our President, for the Congress and courts of this land. Guide the leaders of the nations as they work for the welfare of their people and the good of all. In your mercy,

People: **be patient with us and prepare us, Lord.**

Intercessor: Awaken us to the suffering of people near us and those far from us. Call forth in us a spirit of generosity and kindness. Equip us to respond to their needs. Arouse in us a sense of urgency to demonstrate your Good News in our lives and voice it, that all may hear. Make us messengers of your love. In your mercy,

People: **be patient with us and prepare us, Lord.**

Intercessor: We ask you to comfort those who have lost hope who struggle with anxiety about the future, who live in fear. Bring healing to those for whom we now pray. We pray for those who have died, that they may rest in peace and rise in glory and their memories be blessings in our lives. In your mercy,

People: **be patient with us and prepare us, Lord.**

Special intentions of the congregation, the diocese, and the Anglican Communion may be added here or before the formal intercessions.

Concluding Collect, spoken by the Celebrant

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

THE CONFESSION AND ABSOLUTION

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All kneel as able, and the Deacon says

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

THE GREAT THANKSGIVING

Offertory Anthem

O Food to Pilgrims Given

Henry Isaac

On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Online Now." You can also automatically give by texting the amount you wish to donate to this number: 515-207-8133.

Eucharistic Prayer B

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Celebrant The Lord be with you.

People **And also with you**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People:

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that

heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread

Celebrant Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast.**

Celebrant The gifts of God for the People of God.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you.
Amen.

[Drive-up communion from the reserved sacrament is available on Sundays from 9:00-9:30 am. Please park in our parking lot and a server will come out to pray with you and share the sacrament with you. Facial coverings are required.]

Communion Music *Christ Be Our Light*

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

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After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

May the Son of Righteousness shine upon you and scatter the darkness from before your path; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Hymn 76

On Jordan's bank

WINCHESTER NEW

- St. 1 *On Jordan's bank the Baptist's cry announces that the Lord is nigh;
Awake and harken, for he brings glad tidings of the King of kings.*
- St. 2 *Then cleansed be every breast from sin; make straight the way for God within,
And let each heart prepare a home where such a mighty guest may come.*
- St. 3 *For thou art our salvation, Lord, our refuge, and our great reward;
Without thy grace we waste away like flowers that wither and decay.*
- St. 4 *To heal the sick stretch out thine hand, and bid the fallen sinner stand,
Shine forth, and let thy light restore earth's own true loveliness once more.*
- St. 5 *All praise, eternal Son, to thee, whose advent doth thy people free,
Whom with the Father we adore and Holy Spirit evermore.*

DISMISSAL

Deacon

Go in peace to love and serve the Lord.

People

Thanks be to God.

Organ Voluntary

Saviour of the Nations Come

Paul Manz

Announcements for December 6, 2020

Today's altar flowers are given by Linda Garten in loving memory of William Garten

*The Advent Wreath is given by Scott & Denise Linn, Marshall & Julie Linn,
and Douglas & Barbara L. Hein in loving memory of Barbara N. & Marshall G. Linn*

St. Paul's Carillon in Your Car (or From Afar) at 9 am Sunday Mornings

Parking on the streets and parking lots surrounding the Cathedral provide a safe opportunity for listening to joyful hymns ringing out through the city. The concert will also be streamed live from our [Facebook Page](#). Please wear a mask if you leave your vehicle and observe social distancing guidelines.

Video Livestream Fundraiser!

St. Paul's is raising funds for a permanent, three-camera, video livestream system that will allow us to make our services accessible to those who are not able to be present in person and allow us to extend our ministry into Des Moines, the Diocese of Iowa, and beyond. Through the generosity of an anonymous donor, your donation will be matched one-to-one up to \$5,000. You can give via the cathedral website by clicking [here](#) and selecting "Video Livestream System" from the dropdown menu, mail a check to the office with "Video Livestream System" on the memo line, or text your donation to 515-207-8133 keyword livestream. Thank you for supporting the mission and ministry of St. Paul's!

Advent Events

More details about all these events can be found on our website.

Advent Tea

Save the date for Advent Tea!

Tuesday, December 8th at 5pm via Zoom. More details can be found on our website.

Advent Cathedral Arts

- Sunday, December 13 at 4:00pm
Virtual Advent Choral Evensong
- Thursdays, December 10 and 17 at Noon
Advent Organ Recitals
- Sunday, December 20 at 4:00pm
Carillon Christmas Carol Concert
Sing carols from your car or outside with the carillon!

Mark Babcock will continue to play hymn concerts on the carillon
Sunday mornings at 9:00am

Safe and Secure Online Giving!

We offer safe and secure online giving on our website. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Clergy Discretionary Fund, the Cathedral Preservation Fund, to Cathedral Arts, or towards St. Paul's new Video Livestream System. You can also automatically give by texting the amount you wish to donate to this number: **515-207-8133**.

Thank you for remembering the church's financial needs during this suspension of in-person services. Visit cathedralchurchofstpaul.org and click "Donate Online Now."