



# ST. PAUL'S EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297  
cathedralchurchofstpaul.org

## The Third Sunday of Advent Choral Eucharist

**Sunday, December 13, 2020** **Ten o'clock in the morning**

**Organ Voluntary** *O Come, O Come, Emmanuel* John Behnke

**Hymn 56** *O come, O come, Emmanuel* VENI, VENI, EMMANUEL

St. 5 *O come, thou Key of David, come, and open wide our heavenly home;  
Make safe the way that leads on high, and close the path of misery.  
Rejoice! Rejoice! Emmanuel shall come to thee O Israel!*

St. 6 *O come, thou Dayspring from on high, and cheer us by thy drawing nigh;  
Disperse the gloomy clouds of night, and death's dark shadow put to flight.  
Rejoice! Rejoice! Emmanuel shall come to thee O Israel!*

### The Greeting

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.

**People** **And blessed be his kingdom, now and for ever. Amen.**

*The Celebrant may say*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

**Amen.**

**The Kyrie** *(in the front section of the Hymnal)* S95

*Cantor or Choir* *All* *Cantor or Choir*

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

*All* *Cantor or Choir* *All*

Christ, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

### **The Collect of the Day**

*Celebrant*                    The Lord be with you.

**People**                      **And also with you.**

*Celebrant*                    Let us pray.

Stir up your power, O Lord, and with great might come among us; and, because we are sorely hindered by our sins, let your bountiful grace and mercy speedily help and deliver us; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory, now and for ever. **Amen.**

### **THE LESSONS**

#### **A Reading from the Book of Isaiah**

[61: 1 – 4, 8 – 11]

The spirit of the Lord GOD is upon me, because the LORD has anointed me; he has sent me to bring good news to the oppressed, to bind up the broken-hearted, to proclaim liberty to the captives, and release to the prisoners; to proclaim the year of the LORD's favor, and the day of vengeance of our God; to comfort all who mourn; to provide for those who mourn in Zion – to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of righteousness, the planting of the LORD, to display his glory. They shall build up the ancient ruins, they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations. For I the LORD love justice, I hate robbery and wrongdoing; I will faithfully give them their recompense, and I will make an everlasting covenant with them. Their descendants shall be known among the nations, and their offspring among the peoples; all who see them shall acknowledge that they are a people whom the LORD has blessed. I will greatly rejoice in the LORD, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord GOD will cause righteousness and praise to spring up before all the nations.

*Leader*                      The Word of the Lord.

**People**                      **Thanks be to God.**

## REFRAIN



The Lord has done great things for us,



and we are glad in-deed.

- 1 When the Lord restored the fortunes of Zion,\*  
then were we like those who dream.
- 2 Then was our mouth filled with laughter,\*  
and our tongue with shouts of joy.
- 3 Then they said among the nations,\*  
"The Lord has done great things for them."
- 4 The Lord has done great things for us,\*  
and we are glad indeed.
- 5 Restore our fortunes, O Lord,\*  
like the watercourses of the Negev.
- 6 Those who sowed with tears\*  
will reap with songs of joy.
- 7 Those who go out weeping, carrying the seed,\*  
will come again with joy, shouldering their sheaves.

**A Reading from the First Letter of Paul to the Thessalonians**

[5: 16 – 24]

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit. Do not despise the words of prophets, but test everything; hold fast to what is good; abstain from every form of evil. May the God of peace himself sanctify you entirely; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do this.

*Leader*            The Word of the Lord.  
**People**            **Thanks be to God.**

**Hymn 444***Blessed be the God of Israel*

THORNBURY

St. 1 *Blessed be the God of Israel, who comes to set us free;  
He visits and redeems us, he grants us liberty.  
The prophets spoke of mercy, of freedom and release;  
God shall fulfill his promise and bring his people peace.*

St. 2 *He from the house of David a child of grace has given;  
A Savior comes among us to raise us up on heaven.  
Before him goes his herald, forerunner in the way,  
The prophet of salvation, the harbinger of Day.*

St. 3 *On prisoners of darkness the sun begins to rise,  
The dawning of forgiveness upon the sinner's eyes.  
He guides the feet of pilgrims along the paths of peace.  
O bless our God and Savior with songs that never cease.*

**The Holy Gospel**

[John 1: 6 – 8, 19 – 28]

*All Stand**Deacon* The Holy Gospel of our Lord Jesus Christ according to John.**People** **Glory to you, Lord Christ.**

There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light. This is the testimony given by John when the Jews sent priests and Levites from Jerusalem to ask him, "Who are you?" He confessed and did not deny it, but confessed, "I am not the Messiah." And they asked him, "What then? Are you Elijah?" He said, "I am not." "Are you the prophet?" He answered, "No." Then they said to him, "Who are you? Let us have an answer for those who sent us. What do you say about yourself?" He said, "I am the voice of one crying out in the wilderness, 'Make straight the way of the Lord' ", as the prophet Isaiah said. Now they had been sent from the Pharisees. They asked him, "Why then are you baptizing if you are neither the Messiah, nor Elijah, nor the prophet?" John answered them, "I baptize with water. Among you stands one whom you do not know, the one who is coming after me; I am not worthy to untie the thong of his sandal." This took place in Bethany across the Jordan where John was baptizing.

*Deacon* The Gospel of the Lord.**People** **Praise to you, Lord Christ.****THE HOMILY**

The Rev. Zebulun Treloar

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

#### **PRAYERS OF THE PEOPLE**

**Celebrant:** Please stand or kneel for prayer.

**Deacon:** As witnesses to your light and truth, we come to you in prayer, O Lord.

*Intercessor:* Infuse the heart of your church with your Spirit and focus it on your mission. Renew your people and their leaders as they serve your purpose. Remind us continually whose we are. We pray for Michael, our Presiding Bishop; Alan, our bishop; for Fr. Troy, Amma Nicola, Fr. Zeb., Deacon John, Mark, John, and Jovan; for all lay and ordained ministers, and Jean, preparing for ordination. In our companion Diocese of Brechin we pray for the clergy and people of All Souls, Invergowrie; in our companion Diocese of Nzara we pray for the clergy and people of Yabua II Parish; in our companion Diocese of Swaziland we pray for the clergy and people of St. Michael's Chapel; in our own Diocese we pray for the clergy and people of St. Paul, Grinnell; St. Stephen, Newton; in our parish prayer cycle we pray for Nelson, Barbara, Jim, Wally, Janet, Skeet, Laura, Austin; for Kirsten, preparing for confirmation, and Catherine and Brad, preparing for marriage; and in the Anglican Cycle of Prayer we pray for the clergy and people of the Falkland Islands.

**Silence**

*Intercessor:* Turn the hearts and actions of all the world's leaders to justice and peace. We pray for our President and our Governor, the Congress and courts of the land.

**Silence**

*Intercessor:* Open our eyes to what is going on around us. Open our hearts to our brothers and sisters throughout the world. Move us to open our hands in love when they are in need and to stand up for them when they are oppressed. We pray for those suffering from natural disasters, from unjust economics, from hunger and want.

**Silence**

*Intercessor:* We know people around us who are suffering from anxiety, scarcity, illness, and loneliness. Some of them we know, and most are unknown to us. We ask that you assure them of your presence and sustain them with your grace. We pray for those we know by name:

**Silence**

*Intercessor:* We pray for those who have died, that they may rest in peace and rise in glory and their memories be blessings in our lives.

**Silence**

*Special intentions of the congregation, the diocese, and the Anglican Communion may be added here or before the formal intercessions.*

*Concluding Collect, spoken by the Celebrant*

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

**THE CONFESSION AND ABSOLUTION**

BCP page 360

*All kneel as able, and the Deacon says*

Let us confess our sins against God and our neighbor.

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.**

*The Priest stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**THE PEACE**

*Celebrant* The peace of the Lord be always with you.

**People** **And also with you.**

**THE GREAT THANKSGIVING**

**Offertory Anthem**

*Jesus Christ the Apple Tree*

Elizabeth Poston

**On-line Giving Options:** Visit [cathedralchurchofstpaul.org](http://cathedralchurchofstpaul.org) and click "Donate Online Now." You can also automatically give by texting the amount you wish to donate to this number: 515-207-8133.

**Eucharistic Prayer B**

BCP p. 367

*Celebrant* The Lord be with you.

**People** **And also with you**

*Celebrant* Lift up your hearts.

**People** **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

**People** **It is right to give him thanks and praise.**

*The Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The people stand or kneel. Then the Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you.

In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

*Celebrant and People:*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

#### **THE BREAKING OF THE BREAD**

*The Celebrant breaks the consecrated Bread*

*Celebrant* Christ our Passover is sacrificed for us.

**People** **Therefore let us keep the feast.**

*Celebrant* The gifts of God for the People of God.



### **Prayer for Spiritual Communion**

(St. Alphonsus de Liguori, 1696-1787)

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you.

**Amen.**

*If you would like to receive drive-up Communion, it is available in our parking lot at 9:00am on Sunday mornings.*

### **Communion Music**

*Christ Be Our Light*

*After the people receive Communion a period of silent reflection is kept*

### **POST COMMUNION PRAYER**

BCP p. 365

*After Communion, the Celebrant says*

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

### **THE BLESSING**

May the Son of Righteousness shine upon you and scatter the darkness from before your path; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

### **Hymn 65**

*Prepare the way, O Zion*

BEREDEN VÄG FÖR HERRAN

- St. 1 *Prepare the way, O Zion, your Christ is drawing near!  
Let every hill and valley a level way appear.  
Greet One who comes in glory, foretold in sacred story.  
Oh blest is Christ that came in God's most holy name.*
- St. 2 *He brings God's rule, O Zion; he comes from heaven above.  
His rule is peace and freedom, and justice, truth, and love.  
Lift high your praise resounding, for grace and joy abounding.  
Oh blest is Christ that came in God's most holy name.*
- St. 3 *Fling wide your gates, O Zion; your Savior's rule embrace.  
His tidings of salvation proclaim in every place.  
All lands will bow before him, their voices will adore him.  
Oh blest is Christ that came in God's most holy name.*

**DISMISSAL**

*Deacon*

Go in peace to love and serve the Lord.

**People**

**Thanks be to God.**

**Organ Voluntary**

Tocatta on *O Come, O Come, Emmanuel*

Behnke

**Announcements for December 13, 2020**

The Advent Wreath is given by Scott & Denise Linn, Marshall & Julie Linn, and Douglas & Barbara L. Hein in loving memory of Barbara N. & Marshall G. Linn

**Today at 4:00pm: Virtual Choral Evensong**

Please join us on [Facebook](#) or on [YouTube](#)

**More Advent Cathedral Arts Events!**



**Thursday, December 10**  
Advent Organ Recital at Noon

**Sunday, December 13**  
Advent Choral Evensong at 4:00pm

**Thursday, December 17**  
Advent Organ Recital at Noon

**Sunday, December 20**  
Carillon Carols Concert and  
Outdoor Sing-a-long at 4:00pm



**You won't want to miss out on our Live-streamed  
Advent Cathedral Arts Events this year!**

All events to be streamed live to [Facebook](#)

Recitals and choral evensong available on [YouTube](#) too

Wrap up warm and join us in person for Carillon Carols outside or in your vehicle  
(Parking available in our parking lot and in the surrounding streets)

**St. Paul's Carillon in Your Car** (or From Afar) continues at 9 am each Sunday and at 5.30 pm on Christmas Eve, in addition to the special event Carillon Carols and outdoor sing-along at 4 pm on December 20<sup>th</sup> when Advent and Christmas carols will be played on our 25-bell carillon, with sounds of the season ringing out over downtown Des Moines.

Parking on the streets and parking lots surrounding the Cathedral provide a safe opportunity for listening live and in person. Events are also streamed at St. Paul's [Facebook Page](#). Please wear a mask if you leave your vehicle and observe social distancing guidelines.

### **Video Livestream Fundraiser!**

St. Paul's is raising funds for a permanent, three-camera, video livestream system that will allow us to make our services accessible to those who are not able to be present in person and allow us to extend our ministry into Des Moines, the Diocese of Iowa, and beyond. Through the generosity of an anonymous donor, your donation will be matched one-to-one up to \$5,000. You can give via the cathedral website by clicking [here](#) and selecting "Video Livestream System" from the dropdown menu, mail a check to the office with "Video Livestream System" on the memo line, or text your donation to 515-207-8133 keyword livestream. Thank you for supporting the mission and ministry of St. Paul's!

### **Safe and Secure Online Giving!**

We offer safe and secure online giving on our website. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Clergy Discretionary Fund, the Cathedral Preservation Fund, to Cathedral Arts, or towards St. Paul's new Video Livestream System. You can also automatically give by texting the amount you wish to donate to this number: **515-207-8133**.

**Thank you for remembering the church's financial needs during this suspension of in-person services. Visit [cathedralchurchofstpaul.org](http://cathedralchurchofstpaul.org) and click "Donate Online Now."**