



ST. PAUL'S
EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
cathedralchurchofstpaul.org

The Fourth Sunday of Advent
Choral Eucharist

Sunday, December 20, 2020 **Ten o'clock in the morning**

Organ Voluntary *Comfort, Comfort Ye My People* Johan Pachelbel

Hymn 56 *O come, O come, Emmanuel* VENI, VENI, EMMANUEL

St. 7 *O come, Desire of nations, bind in one the hearts of all man-kind;
Bid thou our sad divisions cease, and be thyself our King of Peace.
Rejoice! Rejoice! Emmanuel shall come to thee O Israel!*

St. 8 *O come, O come, Emmanuel, and ransom captive Israel,
That mourns in lonely exile here, until the Son of God appear.
Rejoice! Rejoice! Emmanuel shall come to thee O Israel!*

The Greeting

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Kyrie

(in the front section of the Hymnal)

S95

The musical notation consists of two staves. The first staff has three measures: the first measure is labeled 'Cantor or Choir' and contains the lyrics 'Lord, have mer - cy.'; the second measure is labeled 'All' and contains 'Lord, have mer - cy.'; the third measure is labeled 'Cantor or Choir' and contains 'Christ, have mer - cy.'. The second staff has three measures: the first measure is labeled 'All' and contains 'Christ, have mer - cy.'; the second measure is labeled 'Cantor or Choir' and contains 'Lord, have mer - cy.'; the third measure is labeled 'All' and contains 'Lord, have mer - cy.'. The music is written in a single treble clef with a key signature of one flat (Bb) and a common time signature (C).

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Purify our conscience, Almighty God, by your daily visitation, that your Son Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

A Reading from the Second Book of Samuel

[7: 1 – 11, 16]

Now when the king was settled in his house, and the Lord had given him rest from all his enemies around him, the king said to the prophet Nathan, "See now, I am living in a house of cedar, but the ark of God stays in a tent." Nathan said to the king, "Go, do all that you have in mind; for the Lord is with you." But that same night the word of the Lord came to Nathan: Go and tell my servant David: Thus says the Lord: Are you the one to build me a house to live in? I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent and a tabernacle. Wherever I have moved about among all the people of Israel, did I ever speak a word with any of the tribal leaders of Israel, whom I commanded to shepherd my people Israel, saying, "Why have you not built me a house of cedar?" Now therefore thus you shall say to my servant David: Thus says the Lord of hosts: I took you from the pasture, from following the sheep to be prince over my people Israel; and I have

been with you wherever you went, and have cut off all your enemies from before you; and I will make for you a great name, like the name of the great ones of the earth. And I will appoint a place for my people Israel and will plant them, so that they may live in their own place, and be disturbed no more; and evildoers shall afflict them no more, as formerly, from the time that I appointed judges over my people Israel; and I will give you rest from all your enemies. Moreover the Lord declares to you that the Lord will make you a house. Your house and your kingdom shall be made sure forever before me; your throne shall be established forever.

Leader The Word of the Lord.

People **Thanks be to God.**

Canticle 15 *The Song of Mary (Magnificat)*

BCP p. 91

Sung by the Choir

Mode 8 **Refrain**

My soul pro-claims the great - ness of the Lord.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

1. My soul proclaims the greatness of the Lord,
 my spirit rejoices in God my Savior; *
 for he has looked with favor on his lowly servant.
2. From this day all generations will call me blessed: *
 the Almighty has done great things for me, and holy is his Name.

[Refrain]

3. He has mercy on those who fear him *
 in every generation.
4. He has shown the strength of his arm, *
 he has scattered the proud in their conceit.

[Refrain]

5. He has cast down the mighty from their thrones, *
 and has lifted up the lowly.
6. He has filled the hungry with good things, *
 and the rich he has sent away empty.

7. He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
8. The promise he made to our fathers, *
to Abraham and his children for ever.

[Refrain]

A Reading from the Letter of Paul to the Romans [16:25-27]

Now to God who is able to strengthen you according to my gospel and the proclamation of Jesus Christ, according to the revelation of the mystery that was kept secret for long ages but is now disclosed, and through the prophetic writings is made known to all the Gentiles, according to the command of the eternal God, to bring about the obedience of faith-- to the only wise God, through Jesus Christ, to whom be the glory forever! Amen.

Leader The Word of the Lord.

People **Thanks be to God.**

Hymn 265 *The angel Gabriel from heaven came* GABRIEL'S MESSAGE

St. 1 *The angel Gabriel from heaven came his wings as drifted snow his eyes as flame*

"All hail" said he "thou lowly maiden Mary, most highly favored lady,"

Gloria!

St. 2. *"For know a blessed Mother thou shalt be, all generations laud and honor thee,*

"thy Son shall be Emanuel, by seers foretold, most highly favored lady,"

Gloria!

St. 3. *Then gentle Mary meekly bowed her head "To me be as it pleaseth God," she said,*

"My soul shall laud and magnify his holy name." Most highly favored lady.

Gloria!

St. 4 *Of her, Emanuel, the Christ was born In Bethlehem, all on a
Christmas morn
And Christian folk throughout the world will ever say:
"Most highly favored lady,"
Gloria!*

The Holy Gospel

[Luke 1:26-38]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.
People **Glory to you, Lord Christ.**

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And he came to her and said, "Greetings, favored one! The Lord is with you." But she was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, "Do not be afraid, Mary, for you have found favor with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob forever, and of his kingdom there will be no end." Mary said to the angel, "How can this be, since I am a virgin?" The angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. For nothing will be impossible with God." Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." Then the angel departed from her.

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Celebrant: Please stand or kneel for prayer.

Intercessor: You astounded Mary with her invitation to bear your Son. Surprise us with your delight in us, with your invitation to do your will, with the light of Christ growing within us. Surprise us, Lord, again and again.

Silence

Intercessor: We pray for Michael, our Presiding Bishop; Alan, our bishop; for Fr. Troy, Amma Nicola, Fr. Zeb., Deacon John, Mark, John, and Jovan; for all lay and ordained ministers, and Jean, preparing for ordination. In our companion Diocese of Brechin we pray for the clergy and people of Holy Trinity, Monifieth; in our companion Diocese of Nzara we pray for the clergy and people of Rangu Arch-deaconary; in our companion Diocese of Swaziland we pray for the clergy and people of Piggs Peak Parish; in our own Diocese we pray for the clergy and people of St Paul Indian Mission, Sioux City; St Thomas, Sioux City; Calvary, Sioux City; in our parish prayer cycle we pray for all choir members, especially the young adults; for Kirsten, preparing for confirmation, and Catherine and Brad, preparing for marriage; and in the Anglican Cycle of Prayer we pray for mission agencies and their ministry throughout the Anglican Communion, including the Mothers' Union around the world. We are your children. Increase the faith in us, day by day, season by season. Empower us to seek and do your will. Cause us to surprise ourselves by opening up our hearts to find that you are always there.

People: Surprise us, Lord.

Intercessor: We pray that the leaders of all the nations demonstrate wisdom and a heart for the good of their people and peace between neighbors.

People: Surprise us, Lord.

Intercessor: We pray that the peoples of all the nations realize freedom and an end to hunger and poverty. Enable a spirit of generosity to flow throughout the world.

People: Surprise us, Lord.

Intercessor: We pray for our neighbors with whom we work and live. Surprise us with what can be accomplished when we work together for the common good. Open our eyes to see you in each person we meet. Open our hearts and hands to each need we encounter.

People: Surprise us, Lord.

Intercessor: We pray for healing for those with troubled spirits, who suffer from addiction, loneliness, and despair. We ask for healing for those who struggle with the consequences of illness or recovering from surgery. Reveal to us how to join in your saving and dealing work through the power of your Spirit.

People: Surprise us, Lord.

Intercessor: We pray for those who have died and now rest in your eternal embrace. May the light of your love surround them and comfort those who grieve their deaths. Surprise them with the sure hope of the Resurrection.

People: Surprise us, Lord.

Intercessor: We are your people. Increase the faith in us day by day. Surprise us with your living, liberating, and life-giving presence.

People: Surprise us, Lord, again and again.

Special intentions of the congregation, the diocese, and the Anglican Communion may be added here or before the formal intercessions.

Concluding Collect, spoken by the Celebrant

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

THE CONFESSION AND ABSOLUTION

BCP page 360

Celebrant: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

THE GREAT THANKSGIVING

Offertory Anthem *A White Dove Flew From Heaven* Johannes Brahms

On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Online Now." You can also automatically give by texting the amount you wish to donate to this number: 515-207-8133.

Eucharistic Prayer B

BCP p. 367

Celebrant The Lord be with you.

People **And also with you**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People:

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.

And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread

Celebrant Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast.**

Celebrant The gifts of God for the People of God.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

[Drive-up communion from the reserved sacrament is available on Sundays from 9:00-9:30 am. Please park in our parking lot and a server will come out to pray with you and share the sacrament with you. Facial coverings are required.]

Communion Music *Lo, How a Rose E'er Blooming*

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

May the Son of Righteousness shine upon you and scatter the darkness from before your path; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Hymn 72

Hark! the glad sound!

RICHMOND

St. 1 *Hark! the glad Sound! the Saviour comes! the Saviour promis'd long!*

Let every heart prepare a throne, and every voice a song.

St. 2. *He comes the Pris'ners to release, in Satan's bondage held;
The gates of brass before him burst, the iron fetters yield.*

St. 3 *He comes the broken heart to bind, the bleeding soul to cure,
And with the treasures of his grace to enrich the humble poor*

St. 4 *Our glad hosannas, Prince of Peace, thy Welcome shall proclaim;
And heaven's eternal arches ring with thy beloved Name.*

DISMISSAL

Deacon Go in peace to love and serve the Lord.

People **Thanks be to God.**

Organ Voluntary

Hark the Glad Sound!

Robert J. Powell

Announcements for December 20, 2020

The Advent Wreath is given by Scott & Denise Linn, Marshall & Julie Linn, and Douglas & Barbara L. Hein in loving memory of Barbara N. & Marshall G. Linn

Please note that the Cathedral Office will be closed on Monday, December 28 and Friday, January 1, 2021

Today at 4:00pm: Carillon Carols Concert and Outdoor Sing-along
Join us for a carol sing with the carillon from your car, socially distanced outside the Cathedral, or online. Cocoa will be safely served near the lower High Street red door.

Christmas Services

We will host Christmas not only for the Cathedral, but the entire Diocese this year! Please join us for this celebration.

- **Christmas Eve:**
5:30 pm Christmas Carillon, drive up or on [Facebook](#)
7:00 pm Livestreamed Eucharist with Bishop Scarfe on [Facebook](#) or [YouTube](#)
8:00 pm-9:00 pm Drive Up Communion on High Street and in the parking lot
- **Christmas Day:**
10:00 am Livestreamed Eucharist with Bishop Scarfe on [Facebook](#) or [YouTube](#)

Continued Carillon Concerts

Our weekly carillon concerts continue at 9 am each Sunday.

Drive Up Communion Available on Sundays

Drive-up communion from the reserved sacrament is available from 9:00-9:30 am on Sundays. Please park in our parking lot and a server will come out to pray with you and share the sacrament with you. Facial coverings are required.

Video Livestream Fundraiser!

St. Paul's is raising funds for a permanent, three-camera, video livestream system that will allow us to make our services accessible to those who are not able to be present in person and allow us to extend our ministry into Des Moines, the Diocese of Iowa, and beyond. Through the generosity of an anonymous donor, your donation will be matched one-to-one up to \$5,000. You can give via the cathedral website by clicking [here](#) and selecting "Video Livestream System" from the dropdown menu, mail a check to the office with "Video Livestream System" on the memo line, or text your donation to 515-207-8133 keyword livestream. Thank you for supporting the mission and ministry of St. Paul's!

Safe and Secure Online Giving!

We offer safe and secure online giving on our website. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Clergy Discretionary Fund, the Cathedral Preservation Fund, to Cathedral Arts, or towards St. Paul's new Video Livestream System. You can also automatically give by texting the amount you wish to donate to this number: **515-207-8133**.