

ST. PAUL'S
EPISCOPAL CATHEDRAL

815 High Street, Downtown Des Moines, IA 50309

Ash Wednesday

Imposition of Ashes and Holy Eucharist

Wednesday February 17, 2021 Noon and Seven o'clock in the evening

Organ Voluntary

All stand for the entrance of the clergy from the side

THE SALUTATION

BCP p. 264

The people standing

Celebrant The Lord be with you.

People **And also with you.**

THE COLLECT OF THE DAY

BCP page 217

Celebrant Let us pray.

Almighty and everlasting God, you despise nothing you have made and forgive the sins of all who are penitent. Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our brokenness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS, *the people sit*

A Reading from the Book of Isaiah

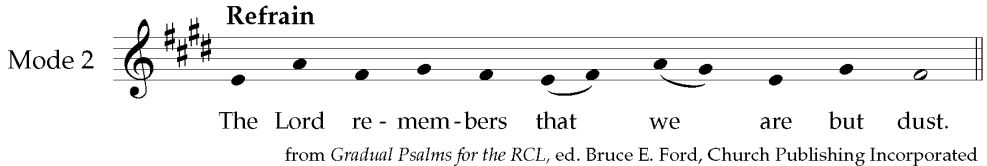
[58: 1 – 12]

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on

your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rearguard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

<i>Leader</i>	The Word of the Lord.
People	Thanks be to God.

The Cantor sings the refrain initially and the People join when invited



- 8 The Lord is full of compassion and mercy, *
slow to anger and of great kindness.
- 9 He will not always accuse us, *
nor will he keep his anger for ever.
- 10 He has not dealt with us according to our sins, *
nor rewarded us according to our wickedness.

[Refrain]

- 11 For as the heavens are high above the earth, *
so is his mercy great upon those who fear him.
- 12 As far as the east is from the west, *
so far has he removed our sins from us.

[Refrain]

- 13 As a father cares for his children, *
so does the Lord care for those who fear him.
- 14 For he himself knows whereof we are made; *
he remembers that we are but dust

[Refrain]

A Reading from the Second Letter of Paul to the Corinthians

[5: 20b – 6: 10]

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of Salvation! We are putting no obstacle in anyone's way, so that no fault may be found with

our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich, as having nothing, and yet possessing everything.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 474

When I survey the wondrous cross

ROCKINGHAM

1 When I sur - vey the won - drous cross where the young
 2 For - bid it, Lord, that I should boast, save in the
 3 See, from his head, his hands, his feet sor - row and
 4 Were the whole realm of na - ture mine, that were an

Prince of Glo - ry died, my rich - est gain I
 cross of Christ, my God: all the vain things that
 love flow min - gled down! Did e'er such love and
 of - fering far too small; love so a - maz - ing,



Words: Isaac Watts (1674-1748) Music: *Rockingham*, from *Second Supplement to Psalmody in Miniature*, ca. 1780; harm. Edward Miller (1731-1807)

The Holy Gospel

[Matthew 6: 1 – 6, 16 – 21]

Deacon

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People

Glory to you, Lord Christ.

Jesus said, “Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who is in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in

heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

THE HOMILY

The Rev. Nicola Bowler

Silence may be kept

INVITATION TO A HOLY LENT

All stand; the Celebrant then says

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Silence is then kept for a time, all kneeling.

The Celebrant then says

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift we are given everlasting life; through Jesus Christ our Savior. **Amen.**

BLESSING AND IMPOSITION OF ASHES

If you desire ashes, please remain in your pew and they will be brought to you for imposition.

Psalm 51 is read, and the ashes are imposed with the following words

Remember that you are dust, and to dust you shall return.

LITANY OF PENITENCE

All kneel

Celebrant and People

Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

Celebrant We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

People Have mercy on us, Lord.

Celebrant We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

People Have mercy on us, Lord.

Celebrant We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

People We confess to you, Lord.

Celebrant Our self-indulgent appetites and ways, and our exploitation of other people.

People We confess to you, Lord.

Celebrant Our anger at our own frustration, and our envy of those more fortunate than ourselves,

People We confess to you, Lord.

Celebrant Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work.

People **We confess to you, Lord.**

Celebrant Our negligence in prayer and worship, and our failure to commend the faith that is in us.

People **We confess to you, Lord.**

Celebrant Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

People **Accept our repentance, Lord.**

Celebrant For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt for those who differ from us.

People **Accept our repentance, Lord.**

Celebrant For our waste and pollution of your creation. and our lack of concern for those who come after us.

People **Accept our repentance, Lord.**

Celebrant Restore us, good Lord, and let your anger depart from us;

People: **Favorably hear us, for your mercy is great.**

Celebrant Accomplish in us the work of your salvation,

People: **That we may show forth your glory in the world.**

Celebrant By the cross and passion of your Son our Lord,

People: **Bring us with all your saints to the joy of his resurrection.**

The Bishop, if present, or the Priest, stands and, facing the people, says
Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

THE PEACE

All stand

Celebrant The peace of the Lord be always with you.

People **And also with you.**

ANNOUNCEMENTS

On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Online Now." You can also automatically give by texting the amount you wish to donate to this number: 515-207-8133.

Offertory Music

THE GREAT THANKSGIVING

Eucharistic Prayer C

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Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

Then, facing the Holy Table, the Celebrant proceeds

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

People **Glory to you for ever and ever.**

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People **By your will they were created and have their being.**

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People Have mercy, Lord, for we are sinners in your sight.

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People By his blood, he reconciled us. By his wounds, we are healed.

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Celebrant and People

In unison

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

Celebrant On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People We celebrate his death and resurrection, as we await the day of his coming.

Celebrant Lord God of our Fathers; God of Abraham, Isaac, and Jacob; Lord God of our Mothers, God of Sarah, Rebekah, and Rachel, God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People Risen Lord, be known to us in the breaking of the Bread.

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

The Celebrant continues

As our Savior Christ has taught us, we now pray

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread

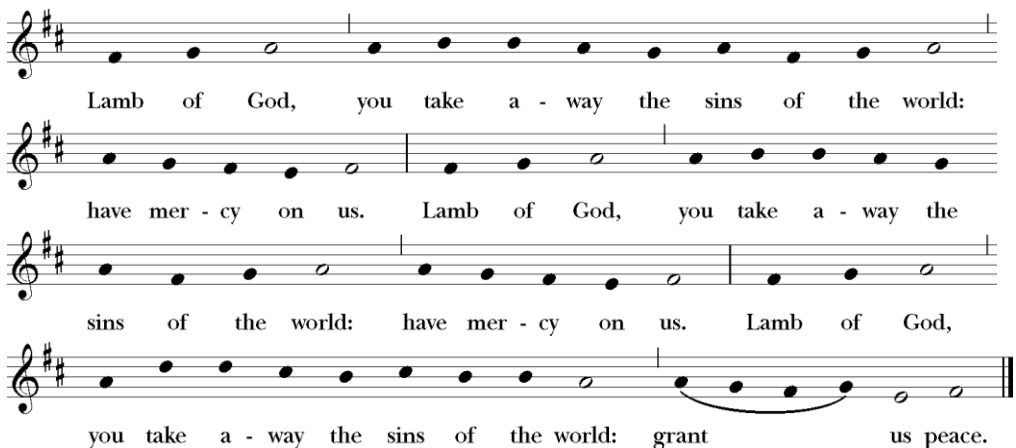
Celebrant Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast.**

Celebrant The gifts of God for the People of God.

Fraction Anthem

S161



Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Communion Music

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)
My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

[Drive-up communion from the reserved sacrament is available on Sundays from 9:00-9:30 am. Please park in our parking lot and a server will come out to pray with you and share the sacrament with you. Facial coverings are required.]

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

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After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE PRAYERS OVER THE PEOPLE

The Deacon or, in the absence of a deacon the Celebrant says

Deacon Let us bow down before the Lord.

The people kneel and the Celebrant says one of the following prayers:

Celebrant Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. **Amen.**



1 Lord, who through-out these for - ty days for us didst fast and pray,
 2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
 3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
 4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
 5 A - bid with us, that so, this life of suf - fer - ing o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
 2 O give us strength in thee to fight, in thee to con - quer sin.
 3 To die to self, and chief - ly live by thy most ho - ly word.
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bid.
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898) Music: *St. Flavian*, melody from *Day's Psalter*, 1562; adapt. and harm. Richard Redhead (1820-1901)

DISMISSAL

All depart in silence.



Announcements for February 17, 2021

Stories of Salvation: Reflecting on Identity

Sunday afternoons at 2 pm from Feb. 21-Mar. 28

Each Easter Vigil we read stories from the Old Testament that have shaped who we are as Christians. These stories were originally taught to new Christians who were preparing for baptism on Easter. Join Fr. Zeb in exploring these stories, breaking them open through the process of Lectio Divina. This is a hybrid course, with the opportunity to join both in-person and via Zoom. In-person gatherings will be in the chapel and limited to 5 people.

Schedule:

Feb. 21: The Story of Creation Genesis 1:1-2:2

Feb. 28: The Flood Genesis 7:1-5,11-18; 8:6-18; 9:8-13

Mar. 7: Israel's Deliverance at the Red Sea Exodus 14:10-15:1

Mar. 14: Salvation offered Freely to All Isaiah 55:1-11

Mar. 21: The Valley of Dry Bones Ezekiel 37:1-14

Mar. 28: The Gathering of God's People Zephaniah 3:12-20

To sign up, please contact Fr. Zeb

(fatherzeb@cathedralchurcofstpaul.org) or call the Cathedral Office
(515-288-7297)

Choral Evensong next Sunday

Please join us for Choral Evensong next Sunday, February 21 at 4:00pm.

This beautiful service will be livestreamed from our Facebook Page and YouTube Channel using the brand new, multi-camera. livestream system!

Beginning Sunday, February 21 we will resume services of Holy Eucharist at 8:00 am and 10:00 am.

Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.