

ST. PAUL'S
EPISCOPAL CATHEDRAL

815 High Street, Downtown Des Moines, IA 50309

The Second Sunday in Lent
Choral Eucharist

Sunday, February 28, 2021

Ten o'clock in the morning

Organ Voluntary

A PENITENTIAL ORDER

BCP page 351

Celebrant

Bless the Lord who forgives all our sins.

People

God's mercy endures for ever.

THE DECALOGUE

BCP p. 350

All kneel as able

Celebrant

Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

People

Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant

You shall not make for yourself any idol.

People

Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant

You shall not invoke with malice the Name of the Lord

your God.

People

Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant

Remember the Sabbath Day and keep it holy.

People

Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant

Honor your father and your mother.

People

Lord, have mercy upon us, and incline our hearts to keep this law.

<i>Celebrant</i>	You shall not commit murder.
People	Lord, have mercy upon us, and incline our hearts to keep this law.
<i>Celebrant</i>	You shall not commit adultery.
People	Lord, have mercy upon us, and incline our hearts to keep this law.
<i>Celebrant</i>	You shall not steal.
People	Lord, have mercy upon us, and incline our hearts to keep this law.
<i>Celebrant</i>	You shall not be a false witness.
People	Lord, have mercy upon us, and incline our hearts to keep this law.
<i>Celebrant</i>	You shall not covet anything that belongs to your
neighbor.	
People	Lord, have mercy upon us, and incline our hearts to keep this law.

Celebrant

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

THE CONFESSION

BCP page 352

The Deacon says

Let us confess our sins against God and our neighbor.

Silence may be kept

In unison

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

THE ABSOLUTION

BCP page 353

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Kyrie

S86

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e
e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -
le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.
Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

THE LESSONS

A Reading from the Book of Genesis

[17: 1 – 7, 15 – 16]

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you. God said to Abraham, "As for Sarai your wife, you shall not call her Sar'ai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

Leader The Word of the Lord.

People Thanks be to God.

Mode 1

Refrain

All the ends of the earth shall re - mem - ber

and turn to the Lord.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

- 22 Praise the LORD, you that fear him; *
stand in awe of him, O offspring of Israel;
all you of Jacob's line, give glory.
- 23 For he does not despise nor abhor the poor in their poverty;
neither does he hide his face from them; *
but when they cry to him he hears them.
- 24 My praise is of him in the great assembly; *
I will perform my vows in the presence of those who
worship him.
- 25 The poor shall eat and be satisfied,
and those who seek the LORD shall praise him: *
"May your heart live for ever!"
- 26 All the ends of the earth shall remember and turn to
the LORD, *
and all the families of the nations shall bow before him.
- 27 For kingship belongs to the LORD; *
he rules over the nations.
- 28 To him alone all who sleep in the earth bow down
in worship; *
all who go down to the dust fall before him.
- 29 My soul shall live for him;
my descendants shall serve him; *
they shall be known as the LORD's for ever.
- 30 They shall come and make known to a people yet unborn *
the saving deeds that he has done.

A Reading from the Letter of Paul to the Romans

[4: 13 – 25]

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations")--in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

Leader The Word of the Lord.


People **Thanks be to God.**

Hymn 439 (St. 1)

What wondrous love is this

WONDROUS LOVE

Unison



1 What won - drous love is this, O my soul, O my soul! What
 2 To God and to the Lamb, I will sing, I will sing, to
 3 And when from death I'm free, I'll sing on, I'll sing on, and

won-drous love is this, O my soul! What won-drous love is this that
 God and to the Lamb, I will sing. To God and to the Lamb who
 when from death I'm free, I'll sing on. And when from death I'm free I'll

caused the Lord of bliss to lay a - side his crown for my
 is the great I AM, while mil - lions join the theme, I will
 sing and joy - ful be, and through e - ter - ni - ty I'll sing

soul, for my soul, to lay a - side his crown for my soul.
 sing, I will sing, while mil - lions join the theme I will sing.
 on, I'll sing on, and through e - ter - ni - ty I'll sing on.

Words: American folk hymn, ca. 1835 Music: *Wondrous Love*, from *The Southern Harmony*, 1835

The Holy Gospel

[Mark 8: 31 – 38]

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their

life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE HOMILY

The Rev. Canon Deacon John Doherty

Silence may be kept

THE NICENE CREED, *standing*

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

All stand or kneel for prayer.

Deacon: We are in awe of you and your promises. Help us set our minds on you.

Intercessor: Your world is aching for healing. Make us good stewards of your creation, Lord. Grant our president and our leaders in the courts and Congress compassion and wisdom.

People: **Have mercy upon us. Set our minds on you.**

Intercessor: We pray for Michael, our Presiding Bishop; Alan, our bishop; for Fr. Troy, Amma Nicola, Fr. Zeb., Deacon John, Mark, John, and Jovan; for all lay and ordained ministers, and Jean, preparing for ordination. In our companion Diocese of Brechin we pray for those in discernment in the diocese for Ministry; in our companion Diocese of Nzara we pray for the clergy and people of Manguri Parish; in our companion Diocese of Swaziland we pray for the clergy and people of The Council of Swaziland Churches; in our own Diocese we pray for Coordinators and Faculty of EfM, Summer Ministry School and Retreat and all Christian Formation; For Licensed Ministers: Pastoral Leaders, Worship Leaders, Preachers, Eucharistic Ministers, Eucharistic Visitors, Evangelists, and Catechists; in our parish we pray for Kirsten, Kaj, and Christopher, preparing for confirmation; and in the Anglican Cycle of Prayer we pray for the clergy and people of Iglesia Anglicana de la Region Central de America. Your church is reaching for you. Help us to extend our reach to all whom you love.

People: **Have mercy upon us. Set our minds on you.**

Intercessor: Your people are being born, are ill, are both anxious and joyous. They are hungry and cold and don't know where to turn. They bend under the weight of their lives and rejoice in your life-giving love. Enable us to bring them your healing and fullness of life.

People: **Have mercy upon us. Set our minds on you.**

Concluding Collect, spoken by the Celebrant

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

THE PEACE

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On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Online Now." You can also automatically give by texting the amount you wish to donate to this number: 515-207-8133.

The Holy Communion

Offertory Music

THE GREAT THANKSGIVING

Eucharistic Prayer B

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Celebrant The Lord be with you.

People **And also with you**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

In unison

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People:

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.

And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread

Celebrant Christ our Passover is sacrificed for us.

People Therefore let us keep the feast.

Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

Celebrant The gifts of God for the People of God.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

[Drive-up communion from the reserved sacrament is available on Sundays from 9:00-9:30 am. Please park in our parking lot and a server will come out to pray with you and share the sacrament with you. Facial coverings are required.]

Communion Music

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

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After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE PRAYERS OVER THE PEOPLE

The Deacon or, in the absence of a deacon the Celebrant says

Deacon Let us bow down before the Lord.

The people kneel and the Celebrant says one of the following prayers:

Celebrant Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. **Amen.**

Hymn 691

My faith looks up to thee

OLIVET

1 My faith looks up to thee, thou Lamb of Cal - va - ry,
 2 May thy rich grace im - part strength to my faint - ing heart,
 3 While life's dark maze I tread, and griefs a - round me spread,

Sa - vior di - vine! Now hear me while I pray, take all my
 my zeal in - spire; as thou hast died for me, O may my
 be thou my guide; bid dark-ness turn to day; wipe sor - row's

guilt a - way; O let me from this day be whol - ly thine.
 love to thee pure, warm, and change-less be, a liv - ing fire.
 tears a - way, nor let me ev - er stray from thee a - side.

Words: Ray Palmer (1808-1887) Music: *Olivet*, Lowell Mason (1792-1872)**DISMISSAL****Organ Voluntary**

Announcements for February 28, 2021

This service from St. Paul's is being livestreamed, and you may be seen on camera. If you would like to sit in a less visibel pew, please speak with an Usher who will reseat you.

Stories of Salvation: Reflecting on Identity

Sunday afternoons at 2 pm from Feb. 21-Mar. 28

Each Easter Vigil we read stories from the Old Testament that have shaped who we are as Christians. These stories were originally taught to new Christians who were preparing for baptism on Easter. Join Fr. Zeb in exploring these stories, breaking them open through the process of Lectio Divina. This is a hybrid course, with the opportunity to join both in-person and via Zoom. In-person gatherings will be in the chapel and limited to 5 people.

Schedule:

Feb. 21: The Story of Creation Genesis 1:1-2:2

Feb. 28: The Flood Genesis 7:1-5,11-18; 8:6-18; 9:8-13

Mar. 7: Israel's Deliverance at the Red Sea Exodus 14:10-15:1

Mar. 14: Salvation offered Freely to All Isaiah 55:1-11

Mar. 21: The Valley of Dry Bones Ezekiel 37:1-14

Mar. 28: The Gathering of God's People Zephaniah 3:12-20

To sign up, please contact Fr. Zeb

(fatherzeb@cathedralchurcofstpaul.org) or call the Cathedral Office (515-288-7297)

Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.