



ST. PAUL'S
EPISCOPAL CATHEDRAL

815 High Street, Downtown Des Moines, IA 50309

Sunday of the Passion: Palm Sunday

Choral Eucharist

Sunday, March 28, 2021

Ten o'clock in the morning

Organ Voluntary

A Palm Sunday Processional

Jan Bender

The Word of God

All are invited to pick up palm branches as they enter.

THE LITURGY OF THE PALMS

BCP p. 270

Celebrant

Blessed is the King who comes in the name of the Lord.

People

Peace in heaven and glory in the highest.

Celebrant

Let us pray.

Assist us mercifully with your help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality; through Jesus Christ our Lord.

Amen.

Celebrant

The Lord be with you.

People

And also with you.

Celebrant

Let us give thanks to the Lord our God.

People

It is right to give him thanks and praise.

The clergy bless the palms. The people are invited to raise their palms as we pray.

Celebrant

It is right to praise you, Almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. On this day he entered the holy city of Jerusalem in triumph, and was proclaimed as King of kings by those who spread their garments and branches of palm along his way. Let these branches be for us signs of his victory, and grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leads to eternal life; who lives and reigns in glory with you and the Holy Spirit, now and for ever. **Amen.**

Deacon Let us go forth in peace.

People In the name of Christ. **Amen.**

THE COLLECT FOR THE PROCESSION

BCP p. 272

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. **Amen.**

THE PROCESSION OF OUR HEARTS

The people are invited to stand as able and wave their palm branches.

Processional Hymn 154 *All glory, laud, and honor* VALET WILL ICH DIR GEBEN
(St. 1 – 3)

Refrain

All glo - ry, laud, and hon - or to thee, Re - deem - er, King!

to whom the lips of chil - dren made sweet ho - san - nas ring.

1 Thou art the King of Is - ra - el, thou Da - vid's roy - al Son,
 2 The com - pa - ny of an - gels is prais - ing thee on high;
 3 The peo - ple of the He - brews with palms be - fore thee went;
 4 To thee be - fore thy pas - sion they sang their hymns of praise;
 5 Thou didst ac - cept their prais - es; ac - cept the prayers we bring,

Repeat Refrain

1 who in the Lord's Name com - est, the King and Bless - ed One.
 2 and we with all cre - a - tion in cho - rus make re - ply.
 3 our praise and prayers and an - thems be - fore thee we pre - sent.
 4 to thee, now high ex - al - ted, our mel - o - dy we raise.
 5 who in all good de - light - est, thou good and gra - cious King.

The stanzas may be sung by choir alone or alternately by contrasted groups; all sing the refrain.

Words: Theodulph of Orleans (d. 821); tr. John Mason Neale (1818-1866), alt.

Music: *Valet will ich dir geben*, melody Melchior Teschner (1584-1635), alt.; harm. William Henry Monk (1823-1889)

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty and everliving God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons, *the people sit*

A Reading from the Book of Isaiah

[50: 4 – 9a]

The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens—wakens my ear to listen as those who are taught. The Lord GOD has opened my ear, and I was not rebellious, I did not turn backward. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord GOD helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord GOD who helps me; who will declare me guilty?

Leader The Word of the Lord.

People **Thanks be to God.**

Psalm 31: 9 – 16

In te, Domine, speravi

BCP p. 623

Mode 2

Refrain

Have mer - cy on me, O God.

from Gradual Psalms for the RCL, ed. Bruce E. Ford, Church Publishing Incorporated

- 9 Have mercy on me, O Lord, for I am in trouble; *
 my eye is consumed with sorrow,
 and also my throat and my belly.
- 10 For my life is wasted with grief,
 and my years with sighing; *
 my strength fails me because of affliction,
 and my bones are consumed.
- 11 I have become a reproach to all my enemies and
 even to my neighbors,
 a dismay to those of my acquaintance; *
 when they see me in the street they avoid me.

- 12 I am forgotten like a dead man, out of mind; *
I am as useless as a broken pot.
- 13 For I have heard the whispering of the crowd;
fear is all around; *
they put their heads together against me;
they plot to take my life.
- 14 But as for me, I have trusted in you, O Lord. *
I have said, "You are my God.
- 15 My times are in your hand; *
rescue me from the hand of my enemies,
and from those who persecute me.
- 16 Make your face to shine upon your servant, *
and in your loving-kindness save me."

A Reading from the Letter of Paul to the Philippians [2: 5 – 11]

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death-- even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 458 (St. 1 - 3) *My song is love unknown* LOVE UNKNOWN
(*Music unavailable because of copyright.*)

St. 1 My song is love unknown,
my Savior's love to me;
Love to the loveless shown,
that they might lovely be.
O who am I, that for my sake
my Lord should take
frail flesh, and die?

St. 2 He came from His blest throne
salvation to bestow;
But men made strange, and none
the longed-for Christ would know:
But oh, my Friend,
my Friend indeed,
who at my need his life did spend.

St. 3 Sometimes they strew His way,
And His sweet praises sing;
Resounding all the day
Hosannas to their King:
Then "Crucify!"
Is all their breath,
And for His death
They thirst and cry.

The Holy Gospel

[Mark 11: 1 – 11]

Deacon The Holy Gospel of our Lord Jesus Christ according to
Mark.

People Glory to you, Lord Christ.

When they were approaching Jerusalem, at Beth'phage and Beth'any, near the Mount of Olives, he sent two of his disciples and said to them, "Go into the village ahead of you, and immediately as you enter it, you will find tied there a colt that has never been ridden; untie it and bring it. If anyone says to you, 'Why are you doing this?' just say this, 'The Lord needs it and will send it back here immediately.'" They went away and found a colt tied near a door, outside in the street. As they were untying it, some of the bystanders said to them, "What are you doing, untying the colt?" They told them what Jesus had said; and they allowed them to take it. Then they brought the colt to Jesus and threw their cloaks on it; and he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut in the fields. Then those who went ahead and those who followed were shouting, "Hosanna! Blessed is the one who comes in the name of the Lord! Blessed is the coming kingdom of our ancestor David! Hosanna in the highest heaven!"

Then he entered Jerusalem and went into the temple; and when he had looked around at everything, as it was already late, he went out to Beth'any with the twelve.

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

THE HOMILY

The Rev. Zebulun Treloar

After the Homily, a period of silent reflection is kept.

THE NICENE CREED, *standing*

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

All stand or kneel as able for prayer.

Deacon: Enter our hearts this day and every day, O Christ,

People: And lead us on this walk of love, O Lord.

Intercessor: We pray for Michael, our Presiding Bishop; Alan, our bishop; for Fr. Troy, Amma Nicola, Fr. Zeb., Deacon John, Mark, John, and Jovan; for all lay and ordained ministers, and Jean, preparing for ordination. In our companion Diocese of Brechin we pray for those in discernment in the diocese for Ministry; in our companion Diocese of Nzara we pray for the clergy and people of Manguri Parish; in our companion Diocese of Swaziland we pray for the clergy and people of The Council of Swaziland Churches; in our own Diocese we pray for Coordinators and Faculty of EfM, Summer Ministry School and Retreat and all Christian Formation; For Licensed Ministers: Pastoral Leaders, Worship Leaders, Preachers, Eucharistic Ministers, Eucharistic Visitors, Evangelists, and Catechists; in our parish we pray for Kirsten, Kaj, and Christopher, preparing for confirmation; and in the Anglican Cycle of Prayer we pray for the clergy and people of Iglesia Anglicana de la Region Central de America. Lead each member of your Church in humility as we walk together. Guide our bishops and priests and deacons so that your glory may be revealed through them in your word and sacraments.

People: Lead us on this walk of love, O Lord.

Intercessor: Lead the authorities of every country in the way of justice for all of their citizens and peace between neighbors and nations.

People: And lead us on this walk of love, O Lord.

Intercessor: Lead each of us to reach out our hands and hearts in love where there is suffering and anxiety; sickness and grief.

People: Lead us on this walk of love, O Lord.

Intercessor: Lead us to lead lives that please you as we walk this earth so that with those who have died we may join you in our eternal home.

People: Lead us on this walk of love, O Lord.

Concluding Collect, spoken by the Celebrant

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

THE CONFESSION AND ABSOLUTION

All kneel as are able and the Deacon then says

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

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On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Online Now." You can also automatically give by texting the amount you wish to donate to this number: 515-207-8133.

The Holy Communion

Offertory Anthem

Jerusalem

THE GREAT THANKSGIVING

Eucharistic Prayer A

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Celebrant: The Lord be with you.

People: **And also with you**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord. For our sins he was lifted high upon the cross, that he might draw the whole world to himself; and, by his suffering and death, he became the source of eternal salvation for all who put their trust in him.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

In unison

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and when we had fallen into sin and become subject to evil and death,

you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER

BCP p. 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread

Celebrant Christ our Passover is sacrificed for us.

People Therefore let us keep the feast.

Fraction Anthem

S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Celebrant The gifts of God for the People of God.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)
My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

[Drive-up communion from the reserved sacrament is available on Sundays from 9:00-9:30 am. Please park in our parking lot and a server will come out to pray with you and share the sacrament with you. Facial coverings are required.]

Communion Anthem *I See His Blood Upon the Rose* Michael Beford

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

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Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE PRAYERS OVER THE PEOPLE

The Deacon or, in the absence of a deacon the Celebrant says

Deacon Let us bow down before the Lord.

The people kneel and the Celebrant says:

Celebrant Almighty God, we pray you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed, and given into the hands of sinners, and to suffer death upon the cross; who lives and reigns for ever and ever. **Amen.**



1 When Je - sus left his Fa - ther's throne, he chose an hum - ble birth;
 2 Sweet were his words and kind his look, when mo - thers round him pressed;
 3 When Je - sus in - to Zi - on rode, the chil - dren sang a - round;



like us, un - hon - ored and un - known, he came to dwell on earth.
 their in - fants in his arms he took, and on his bos - om blessed.
 for joy they plucked the palms and strowed their gar - ments on the ground.



Like him may we be found be - low, in wis - dom's path of peace;
 Safe from the world's al - lur - ing harms, be - neath his watch - ful eye,
 Ho - san - na our glad voic - es raise, ho - san - na to our King!



like him in grace and know - ledge grow as years and strength in - crease.
 thus in the cir - cle of his arms may we for ev - er lie.
 Should we for - get our Sa - vior's praise, the stones them - selves would sing.

Words: James Montgomery (1771-1854) Music: *Kingsfold*, English folk melody; adapt. and harm. Ralph Vaughan Williams (1872-1958) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

During the hymn the Narrators move to their places for the reading of the Passion.

THE PASSION OF OUR LORD JESUS CHRIST ACCORDING TO MARK

15: 1 – 39

The congregation may be seated for the first part of the Passion. At the verse which mentions Simon from Cyrene, please stand as able when indicated by the readers.

After the conclusion of the Passion, members of the Congregation are invited to remain in the Nave for a time of quiet contemplation, and, when ready, to depart in silence.

Holy Week and Easter at St. Paul's

Our Holy Week and Easter Services Are Opportunities to Focus Deeply
on the Mystery Of Jesus' Death and Resurrection

- **Tuesday, March 30 and Wednesday March 31**
Holy Eucharists – 12:00 Noon
- **Maundy Thursday – April 1**
7:00 pm – Holy Eucharist and Stripping of Altar (with livestream)
8:00 pm to 10:00 pm – Prayer Vigil in the High Street Chapel
- **Good Friday – April 2**
12:00 Noon – Liturgy
7:00 pm Liturgy with sung Passion (with livestream)
- **The Great Vigil of Easter – Saturday, April 3**
8:00pm – Lessons and Lighting of the Paschal Fire with the First
Eucharist of Easter to follow (with livestream)
- **Easter Sunday – April 4**
8 :00 am – Holy Eucharist
10:00 am – Festival Eucharist (with livestream)

This service from St. Paul's is being livestreamed, and you may be seen on camera. If you would like to sit in a less noticeable pew, please speak with an Usher who will reseat you.

Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.