

The Fifth Sunday in Lent Choral Eucharist

Sunday, March 21, 2021 Ten o'clock in the morning

Organ Voluntary

A Penitential Order BCP page 351

Celebrant Bless the Lord who forgives all our sins.

People God's mercy endures for ever.

THE DECALOGUE BCP p. 350

All kneel as able

Celebrant Hear the commandments of God to his people: I am the

Lord your God who brought you out of bondage. You shall

have no other gods but me.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant You shall not make for yourself any idol.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant You shall not invoke with malice the Name of the Lord

your God.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant Remember the Sabbath Day and keep it holy.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant Honor your father and your mother.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant You shall not commit murder.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant You shall not commit adultery.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant You shall not steal.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant You shall not be a false witness.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant You shall not covet anything that belongs to your

neighbor.

People Lord, have mercy upon us, and incline our hearts to keep

this law.

Celebrant

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

THE CONFESSION BCP page 352

The Deacon says

Let us confess our sins against God and our neighbor.

Silence may be kept

In unison

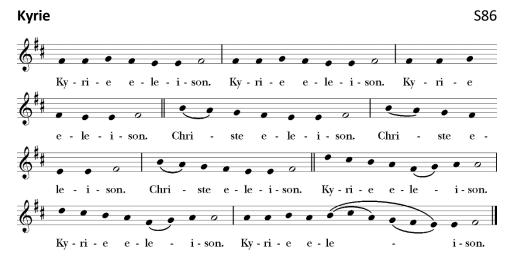
Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

THE ABSOLUTION

BCP page 353

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**



THE COLLECT OF THE DAY

Celebrant The Lord be with you. **People** And also with you.

Celebrant Let us pray.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

A Reading from the Book of Jeremiah

[31: 31 - 34]

"The days are surely coming," says the LORD, "when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband," says the LORD. "But this is the covenant that I will make with the house of Israel after those days," says the LORD: "I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, 'Know the LORD,' for they shall all know me, from the least of them to the greatest," says the LORD; "for I will forgive their iniquity, and remember their sin no more."

Leader The Word of the Lord.

People Thanks be to God.



Have mercy on me, O God, according to your loving-kindness; *

in your great compassion blot out my offenses.

- Wash me through and through from my wickedness * and cleanse me from my sin.
- For I know my transgressions, * and my sin is ever before me.
- 4 Against you only have I sinned *
 and done what is evil in your sight.
- 5 And so you are justified when you speak * and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, * a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, * and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; * wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, * that the body you have broken may rejoice.
- 10 Hide your face from my sins * and blot out all my iniquities.
- 11 Create in me a clean heart, O God, * and renew a right spirit within me.
- 12 Cast me not away from your presence * and take not your holy Spirit from me.
- Give me the joy of your saving help again * and sustain me with your bountiful Spirit.

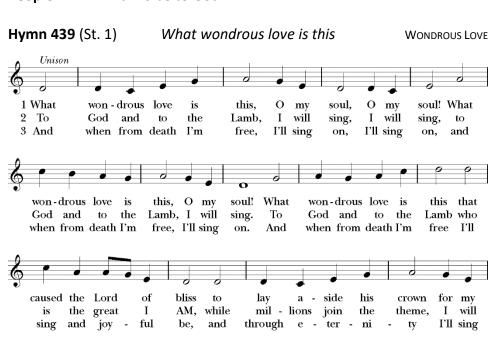
A Reading from The Letter to the Hebrews

[5: 5 - 10]

Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest forever, according to the order of Melchiz'edek." In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchiz'edek.

Leader The Word of the Lord.

People Thanks be to God.





Words: American folk hymn, ca. 1835 Music: Wondrous Love, from The Southern Harmony, 1835

The Holy Gospel

[John 12: 20 – 33]

Deacon The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsa'ida in Galilee, and said to him, "Sir, we wish to see Jesus." Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor. Now my soul is troubled. And what should I say—'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." He said this to indicate the kind of death he was to die.

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

THE HOMILY
Silence may be kept

The Rev. Nicola Bowler

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

All stand or kneel for prayer.

Deacon: We come before our loving and gracious God, asking that God's grace and love be kindled in our hearts and spoken on our lips.

People Write your word on our hearts, O Lord;

Intercessor: That we may do your will as we praise your name. We pray for Michael, our Presiding Bishop; Alan, our bishop; for Fr. Troy, Amma Nicola, Fr. Zeb., Deacon John, Mark, John, and Jovan; for all lay and ordained ministers, and Jean, preparing for ordination. In our companion Diocese of Brechin we pray for the clergy and people of St. Ternan, Muchalls; in our companion Diocese of Nzara we pray for the Yabua Arch-deaconary; in our companion Diocese of Swaziland we pray for the

clergy and people of Uniswa Chapelry; in our own Diocese we pray for the clergy and people of St Mark, Fort Dodge; Church of the Good Shepherd, Webster City; All Saints, Storm Lake; in our parish we pray for Kirsten, Kaj, and Christopher, preparing for confirmation; and in the Anglican Cycle of Prayer we pray for the clergy and people of The Diocese of Badagry — The Church of Nigeria. We pray for our spiritual leaders, that they may speak your truth and call your people into deeper discipleship.

People Write your word on our hearts, O Lord;

Intercessor: That we may support the leadership of this nation in the pursuit of peace and justice for all people.

People Write your word on our hearts, O Lord;

Intercessor: That with compassion we may respond to the needs of the world, neighbors near and far.

People Write your word on our hearts, O Lord;

Intercessor: That we may speak comfort to those who suffer in any way and offer hope to those who grieve.

People Write your word on our hearts, O Lord;

Intercessor: That we may live your truth in our lives as we confess your truth with our lips.

People Write your word on our hearts, O Lord;

Concluding Collect, spoken by the Celebrant

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

THE PEACE BCP page 360

On-line Giving Options: Visit <u>cathedralchurchofstpaul.org</u> and click "Donate Online Now." You can also automatically give by texting the amount you wish to donate to this number: 515-207-8133.

The Holy Communion

Offertory Music Lord, For Thy Tender Mercy's Sake Richard Farrant

THE GREAT THANKSGIVING

Eucharistic Prayer B BCP p. 367

CelebrantThe Lord be with you.PeopleAnd also with youCelebrantLift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant **and People**In unison

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

essed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him,

you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and **People:**

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

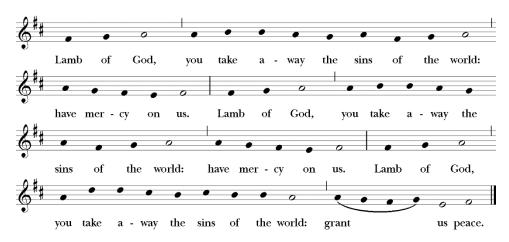
THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread

Celebrant Christ our Passover is sacrificed for us.

People Therefore let us keep the feast.

Fraction Anthem S161



Celebrant The gifts of God for the People of God.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787) My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

[Drive-up communion from the reserved sacrament is available on Sundays from 9:00-9:30 am. Please park in our parking lot and a server will come out to pray with you and share the sacrament with you. Facial coverings are required.]

Communion Music

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE PRAYERS OVER THE PEOPLE

The Deacon or, in the absence of a deacon the Celebrant says

Deacon Let us bow down before the Lord.

The people kneel and the Celebrant says one of the following prayers:

Celebrant Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; through Christ our Lord. **Amen.**



DISMISSAL

Organ Voluntary

Announcements for March 21, 2021

Lenten Choral Evensong, March 21, at 4:00pm will be available in person and <u>livestreamed</u>. The same safety protocols for Sunday morning apply. The Cathedral Choir will be spaced out across the front of the Cathedral allowing space in the pews for congregants. Pre-registration at this <u>link</u> is strongly encouraged. We offer this beautiful service of sung prayer on behalf of a broken world. Find rest, hope, healing, and inspiration from this unique Anglican tradition.

Featured Music: St. Martin Preces and Responses, David Drinkell; Magnificat and Nunc Dimittis, Ralph Vaughn Williams; Sing Me to Heaven, Daniel Gawthrop; and The Day Thou Gavest. Organ Voluntaries Fugue in F Minor and Toccata in A Minor, J.S. Bach

Holy Week and Easter at St. Paul's

Our Holy Week and Easter Services Are Opportunities to Focus Deeply on the Mystery Of Jesus' Death and Resurrection

• Palm Sunday - March 28

8:00 am and 10:00 am Holy Eucharist (with livestream at 10:00 am)
Blessing of the palms and Passion Narrative

- Tuesday, March 30 and Wednesday March 31 Holy Eucharists 12:00 Noon
- Maundy Thursday April 1
 7:00 pm Holy Eucharist and Stripping of Altar (with livestream)
 8:00 pm to 10:00 pm Prayer Vigil in the High Street Chapel
- Good Friday April 2
 12:00 Noon Liturgy

7:00 pm Liturgy with sung Passion (with livestream)

- The Great Vigil of Easter Saturday, April 3
 8:00pm Lessons and Lighting of the Paschal Fire with the First Eucharist of Easter to follow (with livestream)
- Easter Sunday April 4
 8:00 am Holy Eucharist
 10:00 am Festival Eucharist (with livestream)

Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.

This service from St. Paul's is being livestreamed, and you may be seen on camera. If you would like to sit in a less noticeable pew, please speak with an Usher who will reseat you.