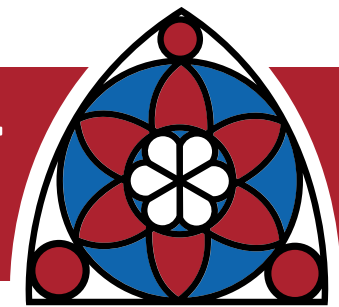


THE JOURNEY



A Newsletter of The Cathedral Church of St. Paul

The Very Rev. Fr. Troy C. Beecham, Dean

JANUARY 2019

25th Anniversary Service Hits a High Note

It has been quite a year of stories, speakers and celebrations honoring and marking the 25th Anniversary of the Cathedral Church of St. Paul. On Nov. 18, the 10 o'clock service at the Cathedral served as the culmination of hard work by many in joyful praise to the Lord, with pageantry, inspiring words and song.

Nearly 200 congregants heard the 34-member choir raise its voices, led by Cathedral organist and choirmaster Mark Babcock, who played uplifting and rafter-rattling music at the Casavant organ. The service was streamed on the Cathedral's Facebook site. If you weren't able to attend the service, the live streamed recording of the service is still available as a video via St. Paul's Facebook page.

Following a reading from the First Book of Samuel, the choir sang Psalm 100, with music especially commissioned, composed and accompanied by Mark Babcock for this occasion. The psalm was beautifully and joyfully sung by the choir. Diocesan Bishop Alan Scarfe baptized and confirmed two candidates, Mourd Keleel Elgota and Milad Azhari Ibraheem. He also confirmed Sabri Azhari Ibraheem and Travis Joel Mitchell.

Bishop Scarfe also presented Canons of St. Paul's Cathedral, who were present a metal depiction picture of

the Rose Window on the south wall of the Cathedral. All received smaller versions while the Rev. Canon Cathleen Bascom received a much larger one. The window had always been an inspiration to her during her time as Dean of the Cathedral. She also was recently selected Bishop-elect for the Diocese of the State



of Kansas and will be installed as Bishop at 11 a.m. on March 2 in Topeka, KS.

Bishop Scarfe also presented smaller depictions of the Rose Window to the Rev. Canon Michael L. Barlowe, the first dean of St. Paul's, Lay Canon Paul J. Meginnis II, Canon David Raymond, longtime St. Paul's organist, and the Rev. Canon S. Suzanne Peterson. Others recognized for past contributions were former rectors, the late Rev. William Jacobs and the late Rt. Rev. Gordon

V Smith, whose family members, Marian Jacobs and Gordon Smith accepted prints of the window.

Other guests presiding included The Rt. Rev. C. Christopher Epting, who served as Diocesan bishop 25 years ago (1993) and was instrumental in St.

Paul's becoming a Cathedral and the Liturgical Center of the Episcopal Diocese of Iowa. Trinity Cathedral in Davenport serves as the Historical Cathedral. Des Moines Mayor Frank Cownie also attended the service.

In his homily, Bishop Epting, who was instrumental in making St. Paul's a Cathedral, talked about how it came about. It was close to where he lived in Des Moines, and it was already a kind of "stand-in" Cathedral. Trinity Cathedral in Davenport was a three-hour drive away and that it

made more sense for the bishop to live in Des Moines. He said that a Cathedral should be part of the city, speaking truth to power. In addition, it should be a part of the fabric of the community.

"The heart of a Cathedral is our commitment of the people to the risen Christ, as witnessed by baptism." It is the act of "meeting together and encountering one another," that binds the community to each other

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Ministers of the Liturgy were as follows:

The celebrant was the Rt. Rev. Alan Scarfe, Bishop of Iowa; preacher, the Rt. Rev. C Christopher Epting, VIII Bishop of Iowa, retired; the Deans – The Very Rev. Fr. Troy C. Beecham, Dean of St. Paul’s Cathedral and The Very Rev. John Horn, Dean of Trinity Cathedral, Davenport; the Rev. Muffy Harmon served as the Bishop’s Chaplain; the Rev. Canon Deacon John Doherty, Gospeller; the Rev. Deacon Zebulun Treloar, the Deacon at the altar; Shelley Thompson, Crucifer; Brian Rolek and

Kimela Weisenborn, Torchbearers; Travis Mitchell, Banner Bearer; Kimela Weisenborn, Acolyte; John Zickefoose, Verger; Catherine Gillespie, Thurifer; Sabri Azhari Ibraheem, Boat Bearer; Tom Thompson, Second Cross; Lectors – Fr. Martin Chevalier and Peggy Aerisolphal; Donna Hendrick, Petitioner; Canon Paul Meginnis II, Oblation Bearer.

Eucharistic ministers: High Altar – The Rt. Rev. Alan Scarfe, The Rt. Rev. Christopher Epting, The Very Rev. John Horn, The Very Rev. Troy Beecham. Side

Altar – Canon Michael Barlowe and The Rev. Canon Cathleen Bascom.

Cathedral Organist and Choirmaster – Mark A. Babcock; Guest Organist Canon David Raymond.

Soundboard was run by Kenneth Knapik; music by St. Paul’s Cathedral Choir; Ushers Paulo Bartesaghi, Jean Davis, Mark Pritchard and Jill Southworth. Greeters included Madeline Allen, Bruce Beeston and Sharon Gentsch.



He frequently plays violin for the Cathedral and his wife Lexie cantors and sings in the Cathedral Choir. And, Courtney Tabor provided music on the flute. She is a senior at Central College and currently sings in the Cathedral Choir Howells Scholars.

Also in the background, on a small television, a video played of the service of 25 years ago, eliciting memories from those who were here at the time.

the events of that day and for bringing Dean Gary Hall to Des Moines. Bishop Scarfe also thanked Tony Braida, as chair of the party committee, and its members. Bishop Scarfe thanked Jolene Phelps as head of the 25th Anniversary Committee. She also received a metal print of the Rose Window.

It takes many hands to pull together an event like this.

In addition to the party committee listed above, the

and Christ. A Cathedral “is called to hold those values high.”

In closing, Bishop Epting said, “I’ll see you on 50.”

Following the service, Organist Babcock treated congregants to the organ voluntary March Triomphale on Now Thank We All Our God.”

It was a wonderful service of praise and thanksgiving. Pageantry and praise permeated the service, along with the incense.

RECEPTION FOLLOWED

Following the service, everyone was invited to the undercroft for a wonderful reception, chaired by Anthony “Tony”

Braida and attended by more than 130 people.

Braida’s 25th Anniversary Party committee of Mark Babcock, Barbara Duro, Donna Hendricks, Barb Mathes, and Mark Thompsen provided the elegant centerpieces and delicious quiches and other goodies. Other assistance was provided by Betsy Vanhaaften, Tristan Miedema, Kari Grindberg, Ian Heetland, Beth De Vries, and Daniel Kutler.

Those who attended lingered over memories, good food, and conversation. Background music was provided by Nathan Thiessen on violin, a 2015 graduate of Central College and a former student of Mark Babcock.



At the reception, Bishop Alan Scarfe also thanked and acknowledged on behalf of himself, the Dean and the Chapter, the Nov. 3 co-chairs of Barbara Willey and Diane Hayes, who were instrumental in coordinating

following are the various committees involved in coordinating this year’s anniversary events.

The Wardens and chapter of St Paul’s:

Continued on Page 3



*25th Anniversary Service
Hits a High Note ...
continued from Page 2*

Class of 2019: Mr. Skeet Wootten, (Sr. Warden), Mr. Elvin McDonald (Jr. Warden), Mr. Rich Jacobs, Ms. Barbara Willey,

Class of 2020: Mr. Derek Sadler, Mr. Brad Schaefer, Mr. Rick Stearns, Ms. Laurie Theis

Class of 2021: Mr. Leighton Carlson, Mr. Matthew Petty, Ms. Jolene Phelps, Ms. Jill Southworth

St. Paul's Altar Guild: Ms. Peggy Aerisolphal, Ms. Sally Bates, Ms. Kate Hedderich, Ms. Martha Hippee, Ms. Carol Kempkes, Ms. Phyllis Melton, Ms. Zoë Rawson, Ms. Cheryl Stearns, Ms. Debbie Wells, Ms. Stephanie Wells

25th Anniversary Steering Committee: Ms. Jolene Phelps (Chair), Mr. Mark Babcock, Ms. Sally Bates, Mr. William Gentsch, Ms. Diane Hayes, Ms. Sue Masid Kerss, Mr. Elvin McDonald, Ms. Nancy Morton, Ms. Laurie Theis, Ms. Barbara Willey, Mr. Skeet Wootten, Mr. John Zickefoose

We apologize for any omissions. It takes a village to produce events like this.

A huge thank-you to all who participated in all and in any way.

Respectfully submitted.
Susan Masid Kerss



After years of being unsettled, I moved to Des Moines and have now been in one place for five years. I joined St. Paul's Cathedral in the summer of 2013, and I'm very happy I did.

I have experienced some wonderful and challenging moments with the people of the Cathedral parish. This community has a richness in cultural values that date back centuries. Newcomers join in with everyone at our worship services, along with many returning visitors.

I have shared a camaraderie and love with the people of St. Paul's Cathedral that is new and joyful for me. Also, I have, myself, become a member of this parish. The building and the location are in the heart of downtown. We are now celebrating 25 years as a Cathedral, but our church is over 100 years old.

I have shared much and learned to grow with God and in unity with

mankind. This can change the direction of negative thoughts from our societal views by learning to love self and one's fellow man. These are learning keys to survival in a world so complex. I have some peace of mind in a calming atmosphere. This means keeping a positive attitude and sharing a meaningful relationship. Why did I choose St. Paul's?

Well, I had been searching for the truth about understanding religious practice and teaching since worshipping at a Lutheran church in Minnesota. It, too, like St. Paul's was close to where I lived.

I made a great choice in joining this church. I never would have imagined the positive outcome of being five years in one location, which is a milestone in history for me and being in the same place of worship.

I know this was God's plan for me. I just kept the faith. I will follow where he leads me.



Celebrating 12th Night

The 12th day of Christmas for our parish family will be celebrated on Saturday, January 5th with a potluck supper, a gift exchange, and singing the last carols of the Christmas season. The process is simple--bring a dish to share, an inexpensive gift (\$5 limit), and a joyful hope for the promise of Christmas for all. Mark your gifts for either an adult or child so everyone can receive a gift. The evening will begin at 6:00 with dinner at 6:30. We should be done by 7:30. Please look for a sign-up sheet in the narthex over the next couple of weeks; foods may reflect one of your own holiday traditions.



The Way Of Love *Practices for Jesus-Centered Life*

The Way of Love is a series focusing on Developing a Rule of Life based on seven steps: Learn, Pray, Worship, Bless, Go, Rest, Turn. Led by Deacon John Doherty with materials from Bishop Curry and The Episcopal Church during Epiphany, 7:00 PM beginning January 9th. Class will be held online. All you need is a phone or a computer with a camera.

John Doherty is inviting you to a scheduled Zoom meeting. To join, visit the events page of our website CathedralChurchofStPaul.org and simply click the link provided to join the Zoom Meeting. There you can also download the Reflection and Discernment Guide and/or Covenant prior to the meeting which may be of benefit.

We can learn in the comfort of our home or office.

Topic: The Way of Love ▶ Jan 30, 2019 7:00 PM

Time: Jan 9, 2019 7:00 PM ▶ Feb 6, 2019 7:00 PM

Every week on Wed, until Feb ▶ Feb 13, 2019 7:00 PM

20, 2019, 7 occurrence(s): ▶ Feb 20, 2019 7:00 PM

▶ Jan 9, 2019 7:00 PM

▶ Jan 16, 2019 7:00 PM

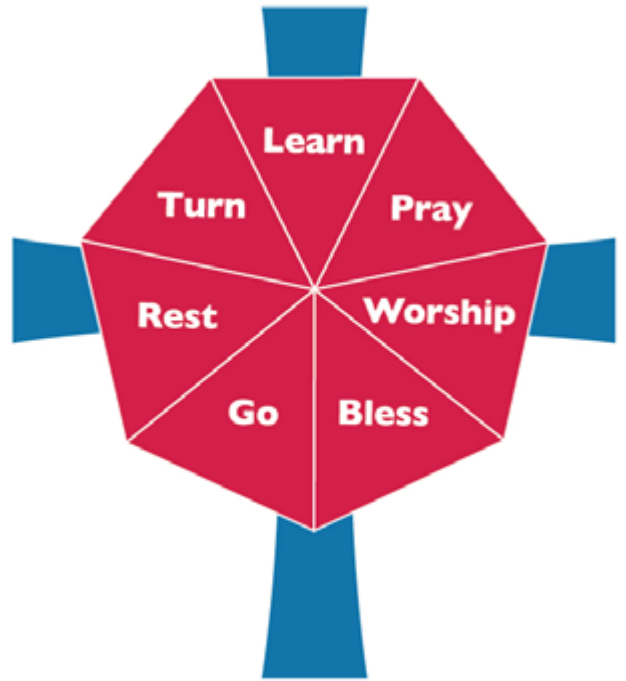
▶ Jan 23, 2019 7:00 PM

To join the Zoom Meeting visit the event page on our website or type this URL into your browser:

<https://zoom.us/j/452489239>.

There is also a call in option:
+1-720-707-2699 US

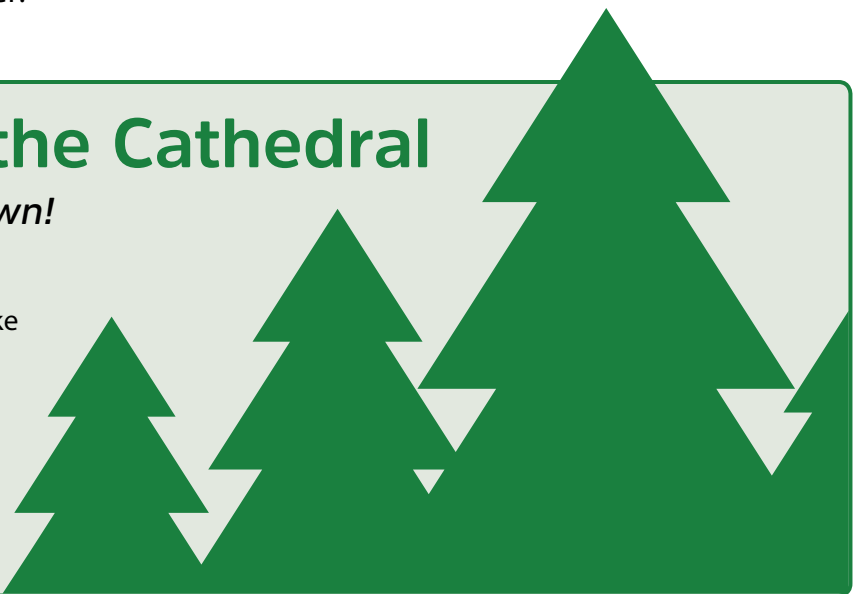
Meeting ID: 452 489 239.



De-Greening of the Cathedral

What Goes Up Must Come Down!

On Sunday, January 6, please stay for a few minutes after the 10 a.m. service to help take down all the Christmas decorations and put them away for another year. With many hands, this should take less than 30 minutes, and the Altar Guild would appreciate your help. Thank you!





The Light of Bethlehem

The Bethlehem Peace Light has burned continually in the Grotto of the Nativity for more than 1000 years. It is meant to promote peace, harmony, unity and love between all peoples. The Light will be available at St. Paul's during business hours throughout Epiphany. Simply bring a lantern or a long burning devotional candle to transport the Light to your home. May its light warm your home and soul as you carry the light of Christ into the world.



Each year a child is flown from Austria to Bethlehem to collect the flame from the Grotto's oil lamp and then it is flown in two explosion proof miner lamps. This year it arrived in New York on December 1st.



Annual Parish Meeting

Please mark your calendars and save this date:

Sunday, January 27 2019 ~
 One service at 9:00 a.m. followed by a brunch and the Annual Parish Meeting.



Have You Considered Chapter Nominations?

The Chapter is the governing board of the Cathedral Church of St. Paul. Many of its duties are prescribed by canon law, such as the responsibility for parish finances and care of church property. However, in a real sense, the Chapter serves as representatives of the members of the parish, provides leadership and vision as the parish moves forward in prayer and commitment to mission, and serves as the communication body between parish members and the clergy/staff of the Cathedral. The term limit is 3 years, and members are expected to attend the monthly meetings and to assist with possible Cloister assignments.



At the Annual Meeting in January, the parish will be asked to elect four new members to the Chapter.

If you are interested in serving on the Chapter, or would like to nominate someone you feel would be a good candidate, please contact any member of the nominating committee: Skeet Wootten (Sr. Warden), Elvin McDonald (Jr. Warden), Rich Jacobs, and Barbara Willey. You can also speak with the Dean.

If you are nominating someone else, please be sure you have his or her permission first. Our goal is to have a slate of candidates published in early January.

-The Nominating Committee



Advent Tea Thanks!

Thank you to everyone who made the 2018 Advent Tea a successful parish event. A special thank you to Barbara Willey, Jo Wetherell, Carla Carlson, and the St. Paul's parishioners who hosted us at Scottish Rite Park Place. The festive event is possible because of everyone that prepared food, greeted and served during the tea, and most importantly took time to share in fellowship with each other. Thank you for your efforts and participation.



Singing carols: Mark Babcock (at the piano), singing (left to right): Sally Bates, Austin Rozendaal, John Zickefoose, Laurie Theis, and (back to camera) John Wetherell.



The Tea Table was filled with tasty treats and bright decorations.



Jim Vickery wishing one and all a joyous Advent.



Cheryl & Rick Stearns



Jo and John Wetherell



Muffy Harmon & Jo Sloan

LET'S celebrate

HAPPY JANUARY
BIRTHDAY

Nyajur Majok & Jacob Wal, Jan. 1

Nabil Komy, Jan. 1

Ivy Ward, Jan. 6

Bill Gentsch, Jan. 7

Matt Petty, Jan. 8

Harold Alexander, Jan. 10

Carol Kempkes, Jan. 11

Dawn Bannister, Jan. 14

Traci Petty, Jan. 17

Nancy Seel, Jan. 18

& HAPPY ANNIVERSARY

Nancy and Chuck Seel, Jan. 12

*Would you like your birthday or anniversary included in the Journey?
Please contact the Cathedral Office (515-288-7297) or visit
<http://www.cathedralchurchofstpaul.org/about-us/contact-us/>*



January Shelter Meal

Thursday, January 24, 2019

Our next Shelter Meal will be Thursday, January 24th.

Please check the sign-up poster located in the parish house corridor and think/

decide what food you can contribute. Please sign up if you will be bringing food so we don't purchase more than necessary. Monetary contributions are welcome anytime, and will be credited to your personal St. Paul's contributions. Thank you!



Committee for Social Action Update

At the last meeting of the Sanctuary Discernment team we decided to continue our work on increasing awareness of immigration issues and assisting where possible. We also discussed how we can raise the profiles of other groups at St. Paul's who are also involved with social justice issues.

Working with Deacon John & Deacon Zeb, we hope to combine all the social outreach groups at the Cathedral into one group, called the Committee on Social Justice. The hope is to better coordinate our activities, and to help more volunteers find opportunities to reach out to help our sisters and brothers in need.

The Committee on Social Justice is conceived as an umbrella which will include the Cathedral's work with Connections Café, the Central Iowa Shelter, the DMARC Food Pantry, Y Supportive Housing, the Interfaith Alliance and the Palm Sunday Peace March, and of course working on immigration/asylum issues. We're also hoping to spark conversation between the Committee on Social Justice and the Cathedral's other committees & cloisters to increase, enlighten, and expand our understanding and support of each other.

We meet the third Sunday of each month after the 10:00 service, usually in the Undercroft. We hope you might feel called to join us for a meeting. We welcome your curiosity, your input, and your helping hearts and hands!

As we move into the season of Epiphany, please consider three refugees. Had they remained in their native land, they would have been murdered by the soldiers of a fearful government. They fled across the desert, probably on foot or on the back of a donkey, and sought asylum in a foreign country where they didn't speak the language. They must have had help along the way, people willing to reach out and help a young mother, an older father and a baby. Some helping with food, perhaps offering shelter for a night along their way. Surely we can heed the words of that baby when he grew to be a man: "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."

GIVE ONLINE, IT IS EASY.

Do it once or you can set up reoccurring gifts. Print a record of your giving anytime. No cash, no check book? No problem. You can text 515-207-8133 to give to the church. If you need to update or change your information, call the Cathedral Office (515-288-7297).

Safe and Secure Online Giving Now Available!

We now offer safe and secure online giving on our website. Credit and debit cards are accepted. You can set up an account or quick give. An account allows you to set up a donation schedule and/or track your donations. Quick giving allows you to bypass this step. You may choose to give to our general budget, to the Cathedral Preservation Fund, or Cathedral Arts.

St. Paul's Offers Text Giving!

TEXT TO GIVE

You can automatically give by texting the amount you wish to donate to this number: **515-207-8133**.

The Journey is published 11 times a year, usually on the third Thursday of the month to reach homes by the first of the following month. Your articles, news, photos are welcome!!

The deadline for the February, 2019 issue will be Thursday, January 10.

Please email to administrator@cathedralchurchofstpaul.org
Or bring to the Cathedral Office.



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Join Us to Celebrate 12th Night!

PLEASE BE SURE TO VISIT OUR WEBSITE: CATHEDRALCHURCHOFSTPAUL.ORG

